

CERTIFICATE OF PARTICIPATION

This is to certify that

Ivan Harkema

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:21:30

PACE 06:15/km

OVERALL 8 of 149

GENDER 7 of 79

14 - 19 1 of 3

23 June 2019, Sun

Date



BoutTime

Signature

